

### Maple Garlic Chicken

2lbs chicken pieces (skinless)

1/3 cup flour

½ tsp pepper

¼ tsp paprika

¼ cup oil

1 – 1 ¼ cup Gilbertson's Maple Garlic Sauce

Mix flour, pepper, and paprika in a bowl or bag. Coat chicken pieces well with flour mixture. In a large non-stick fry pan, add the vegetable oil and cook chicken pieces until brown turning often. Arrange chicken in 9 x 12 baking dish and pour Maple Garlic Sauce over the top of meat evenly. Bake at 350 degrees for 45 minutes to 1 hour. Cover with foil if browning too quickly